

Fresco

Cafe

3987-B State Street
(805)967-6037 ph (805)696-9305 fax

STARTERS

SALADS – Served w/ Bread and Butter

(priced per person – min. 10)

Caesar Salad	\$4.50
Mixed Baby Greens	\$4.50
Fresh Fruit Salad	\$4.50
Greek Salad	\$4.50
Red Potato Salad	\$4.00
Pasta Salad	\$4.00
Gorgonzola Salad	\$5.00
Chinese Chicken Salad	\$5.50
Caprese-Fresh Mozzarella, Tomato, & Basil w/ Extra Virgin Olive Oil	\$5.50

CANAPES

(priced per dozen/minimum 2 dozen each)

Tea Sandwiches – Choice of:	
Smoked Salmon & cream Cheese	
Cucumber, Dill, & Cream Cheese	
Chicken Salad	
Tuna Salad	
Egg Salad	\$24.00
Vegetable Pinwheels	\$18.00
Bruschetta Crostini w/ Chopped Tomato, Basil, & Garlic	\$24.00
Crostini w/ Fresh Tomato, Basil, & Fresh Mozzarella Cheese	\$28.00
Mini Veggie or Chicken Tortilla Wraps	\$18.00
Asparagus Wrapped in Prosciutto	\$28.00
Teriyaki Shrimp & Snow Peas	\$36.00
Garlic Skewered Shrimp (2) w/ Roasted Red Pepper Aioli	\$40.00
Seasoned Beef Tenderloin Crostini w/ Horseradish Cream	\$36.00

NOSH PLATES & DISPLAYS

(priced per person – min. 10)

Imported Cheese & Fruit Platter	\$6.00
Antipasto Platter – w/ Crostini Prosciutto, Genoa Salamí, Smoked Mozzarella, Asiago, Provolone, and Goat Cheese, Roasted Garlic, Kalamata Olives, Roasted Red Peppers, Sundried Tomato, and Red Onion	\$6.00
Fresh Fruit Platter	\$5.00
Warm Artichoke Spread – w/ Crostini and Chips	\$4.00

Brie en Croute (Min. 15pp) w/ crostini An 8" Wheel of Brie Cheese Wrapped in Puff Pastry, Baked and Served w/ Grapes	\$75.00
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Vegetable Crudite w/ Ranch, Balsamic, & Maytag Blue Cheese Dressings – Broccoli, Carrots, Celery, Radishes, Peppers, Cauliflower, & Cucumber	\$5.00
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HORS D'OEUVRE

(priced per dozen/minimum 2 dozen each)

Mini Brie & Papaya Quesadillas	\$20.00
Mini Quiche Squares	\$20.00
Spanikopita	\$20.00
Chicken Sate w/ Peanut Sauce	\$30.00
Jerk Chicken Drummets	\$24.00
Sausage Stuffed Mushrooms	\$28.00
Crabmeat Stuffed Mushrooms	\$28.00
Mini Crab Cakes w/ Papaya Salsa	\$36.00
Grilled Shrimp (2) Cocktail w/ Chipotle Aioli & Cocktail Sauce	\$40.00

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ENTREES A LA CARTE

(priced per person – minimum of 10)

Chicken Breast Florentine Layered w/ Fresh Spinach, Roasted Garlic, & Ricotta Cheese Served w/ a Basil Cream Sauce			\$15.00
Chicken Piccata – Boneless Skinless Chicken Breast Floured & Flash Fried Served w/ A Lemon & Caper Cream Sauce			\$15.00
Chicken Sienna – Bone in Chicken Breast Baked w/ Olives, Tomato, & Fresh Sage			\$16.00
Chicken Breast Stuffed w/ Roasted Red Pepper, Artichoke Heart, & Asiago Cheese Sliced & Served w/ a Sundried Tomato Cream Sauce			\$16.00
Chicken Marsala – Boneless, Skinless Chicken Breast w/ Marsala Sauce, Sautéed Mushrooms, & Garlic Served Over Egg Noodles			\$17.00
Chicken Coq Au Vin – 1 Bone In Breast & 1 Thigh Piece Baked w/ Bacon, Mushrooms, Onion, Carrots, & Brandy Served Over Egg Noodles			\$18.00
Roasted Stuffed Loin of Pork w/ Apricot Glaze (7oz.)			\$15.00
Sautéed Pork Tenderloin Medallions w/ Camembert Sauce			\$15.00
Grilled Filet Mignon or Herb Crusted Tenderloin of Beef w/ Cabernet Demi Glace			\$20.00
Poached Wild Salmon (7 oz. Served Hot or Cold) w/ a Creamy Dill Sauce			\$16.00
Poppyseed Crusted Wild Salmon (7 oz.) w/ Dijon Cream Sauce			\$16.00
Blackened <u>or</u> Teriyaki Wild Salmon w/ Papaya Salsa			\$16.00
Grilled Wild Salmon (7 oz. Portion) w/ a Roasted Corn Relish <u>or</u> Basil Pesto, <u>or</u> w/ a Maple Dijon Glaze			\$16.00
Pan Sautéed Halibut (7 oz.) w/ Fresh Tomato, Olive, Caper, & Garlic Salsa			\$18.00
Herbed Crusted Halibut (7 oz.) w/ Braised Leeks			\$18.00
Braised Lamb Shank w/ Cabernet Demi Glace			\$18.00
Lasagna - Choose from Meat or Vegetarian	Small (9-12pp)	\$60.00	Large (18-24pp) \$120.00
Eggplant Parmesan	Small (9-12pp)	\$60.00	Large (18-24pp) \$120.00
Whole Quiche	Small (4-6pp)	\$20.00	Large (6-8pp) \$30.00

*All Quiche are made w/ our Cheese Mix: Grana Padano, Asiago, & Parmesan Cheeses
Choose from the following ingredients: Ham, Grilled Chicken, Bacon, Caramelized Onion,
Broccoli, Sautéed Mushrooms, Asparagus, Tomato, Roasted Eggplant, Spinach, & Many More

ACCOMPANIMENTS

Roasted Seasonal Vegetable Platter	\$6.00	Vegetable or Saffron Risotto	\$6.00
Sautéed Seasonal Vegetables	\$6.00	Gratin Potatoes (Yukon Gold, Sweet, or Russet)	\$6.00
Asparagus & Green Onion Skewers	\$6.00	Del Monico Potatoes	\$6.00
Sautéed Spinach	\$6.00	Garlic Mashed Potatoes	\$5.00
Green Beans w/ Tomato	\$6.00	Mashed Sweet & Yukon Gold Potatoes	\$5.00
Sautéed Rapini (seasonal)	\$6.00	Smashed Red Potatoes	\$5.00
Sautéed Snap Peas	\$6.00	Shallot Roasted Red Potatoes	\$5.00
Roasted Carrots or Beets w/ Shallots	\$6.00	Wild Mushroom Rice Pilaf <u>or</u> Pan Fried Rice	\$5.00

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CORPORATE EXPRESS LUNCHESES

Sandwich Luncheon (Minimum 10pp)

Platter of Assorted Sandwiches

Including: Roasted Turkey, Roast Beef, Tuna Salad, Chicken Salad, Black Forest Ham, and Vegetable Sandwiches
w/ Varied Sliced Cheeses & Breads *Served w/ Side Salad of Your Choice
(Limited Selection of Sandwiches Offered at this Price)

\$12.50 per person

Deli Platter (Minimum 10pp)

Platters of Sliced Luncheon Meats and Chicken Salad

Lettuce, Tomato, Avocado, Onion, and Pickles

Assorted Cheeses and Sliced Breads

Mustard and Mayonnaise, *Served w/ Side Salad of Your Choice

\$14.50 per person

Pasta Luncheon (Minimum 10pp)

(Wheat Free Pasta Available by Request)

-Spaghetti, Fettucini, Penne or Rotelli Pasta w/ Choice of the Following Sauces

-Grilled Chicken w/ Sundried Tomato & Basil Pesto Sauce

-Grilled Chicken w/ Roasted Red Pepper & Brie Sauce

-Grilled Chicken w/ Alfredo Sauce

-Chicken Parmesan w/ Marinara and Provolone Cheese

-Pasta w/ Mild Italian Sausage and Meatballs w/ Marinara Sauce

-Bolognese Sauce - Ground Beef and Italian Sausage In a Light Tomato Sauce, w/ a touch of cream

-Fresh Spinach, Feta, Garlic, Kalamata Olives, & Chopped Tomato

*w/ Side Salad of Your Choice

\$14.00 per person

*Side Salads Choices Include:

Baby Mix Greens, Caesar, Pasta Salad, Potato Salad,

Greek Salad, Fruit, or Gorgonzola and Chinese Chicken

(Gorgonzola & Chinese Chicken For an Additional \$1.00 per person)

Recommended Additions

Assorted Cookies & Bars	\$2.00 per person
Assorted Beverages (Includes Bottle Drinks)	\$2.00 per person
Assorted Canned Sodas	\$1.50 per person

Delivery Fee of \$15.00 - Paper Goods are \$5.00 For Every 10 People
Pick-up of Service Ware if Necessary Additional \$10.00

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CORPORATE EXPRESS LUNCHESES (2)

Salad Luncheon (Minimum 10pp)

Choice of Three Different Salads Served w/Bread & Butter
Gorgonzola Walnut Over Mix Greens, Greek Salad,
Chinese Chicken Salad, Fresh Fruit Platter,
Caesar w/Shrimp or Grilled Chicken, & Pasta Salad w/Grilled Chicken
\$12.00 per person

Fresco Salad Bar (Minimum 20pp)

Featuring an Assortment of Different Salad Ingredients
Displayed in Separate Serving Dishes
Both Baby Mix Greens and Chopped Romaine Lettuce
Diced Roma Tomatoes and Diced Green Peppers
Sliced Cucumber and Sliced Red Onion
Sliced Avocado and Grated Carrot
Diced Grilled Chicken Breast and Fresh Bacon Bits
Garbanzo Beans and Chopped Hard Boiled Egg
Crumbled Feta Cheese and Crumbled Blue Cheese
Chopped Candied Walnuts and Kalamata Olives
An Assortment of Three Salad Dressings Provided:
Balsamic Vinaigrette
Maytag Blue Cheese
Ranch Dressing

Served w/Bread and Butter
\$15.00 per person

Recommended Additions

Assorted Cookies & Bars	\$2.00 per person
Assorted Beverages (Includes Bottle Drinks)	\$2.00 per person
Assorted Canned Sodas	\$1.50 per person

Delivery Fee of \$15.00 - Paper Goods are \$5.00 For Every 10 People
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COMBINATION THEME MENUS

Mexican Buffet (Minimum 10pp)

*Choice of Side Salad
Choice of Two: Sautéed Beef, Sautéed Chicken, or Sautéed Halibut
Corn & Flour Tortillas
Sautéed Red & Green Peppers w/ Onions
Tomato Salsa, Salsa Verde, Sour Cream,
Shredded Cheeses, Sliced Avocado, & Shredded Lettuce
Spanish Rice & Beans
Assorted Mini Bars & Cookies or Flan
\$18.00 per person

Grilled Chicken Breast w/ Multiple Courses (Minimum 10pp)

*Choice of Side Salad
Marinated & Grilled Chicken Breast w/ Choice of:
Teriyaki Sauce, Basil Pesto, or Jamaican Jerk Seasoning
Served w/ Your Choice of Either Pan Fried Rice, Risotto,
or Potatoes (see page 2 for other accompaniments)
Choose from Sautéed Vegetables or a Grilled Vegetable Platter
Served w/ Bread & Butter
\$20.00 per person

*Side Salads Choices Include:

Baby Mix Greens, Caesar, Pasta Salad, Potato Salad,
Greek Salad, Fruit, or Gorgonzola and Chinese Chicken
(Gorgonzola & Chinese Chicken For an Additional \$1.00 per person)

Recommended Additions

Assorted Cookies & Bars	\$2.00 per person
Assorted Beverages (Includes Bottle Drinks)	\$2.00 per person
Assorted Canned Sodas	\$1.50 per person

Delivery \$15.00 With Paper goods \$5.00 per 10 people
Pick-up of Service ware if Necessary Additional \$10.00

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BOXED LUNCHES

(Priced per Person)

Sandwich Box Lunch w/ Side Salad

Dessert Bar or Cookie

Beverage

Mint/Wet Nap/Fork/Napkin

\$15.00

Entrée Salad Box Lunch

Chicken or Tuna Salad Over Mixed Greens,
Grilled Chicken or Salmon Over Mixed Greens w/ Bread and Butter

Dessert Bar or Cookie

Beverage

Mint/Wet Nap/Fork/Napkin

\$16.00

BREAKFAST CATERING

(Minimum of 10 People for Delivery)

Coffee Service includes Regular Coffee, Decaffeinated Coffee, Hot Water w/ Assorted Teas, Cream, Assorted Sugar Packets, Coffee Stirrers, and Fresh Lemons for Tea

\$2.50 per person

Fresh Orange Juice \$12.00 per Gallon

Fresh Fruit Platter \$5.00 per Person

Assorted Breakfast Pastries (one per person) \$2.50 per Person

Cinnamon Twists

Bear Claws

Muffins or Scones

Apple Purses

Morning Fruit Pastry

Recommended Additions

Assorted Cookies & Bars \$2.00 per person

Assorted Beverages (Includes Bottled Drinks) \$2.00 per person

Assorted Canned Sodas \$1.50 per person

Delivery Fee of \$15.00 - Paper Goods are \$5.00 For Every 10 People

Pick-up of Service Ware if Necessary Additional \$15.00

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CAKE MENU

Simple Decoration Included – Two Layers w/ Filling

Vanilla, Chocolate, Lemon, Coconut, Red Velvet, Spice, or Banana, Maple

8 Inch	(Serves 6-8)	\$30.00
10 Inch	(Serves 10-12)	\$40.00
12 Inch	(Serves 20)	\$50.00
1/4 Double Sheet	(Serves 15-20)	\$50.00
1/2 Double Sheet	(Serves 30-40)	\$80.00

Choice of Vanilla, Chocolate, Lemon, or Maple Butter Cream

SPECIALTY CAKES

Tiramisu or Lemon Mousse Cake

8 Inch	\$35.00
10 Inch	\$45.00
1/4 Sheet	\$50.00
1/2 Sheet	\$95.00

Chocolate Mousse Cake w/ Ganache Coating

8 Inch	\$40.00
10 Inch	\$50.00
12 Inch	\$65.00
1/4 Sheet	\$65.00
1/2 Sheet	\$115.00

- Vanilla Sponge Cake w/ Vanilla Whipped Cream and Fresh Strawberries or Raspberries
- Chocolate Sponge Cake w/ Chocolate Whipped Cream, and Fresh Strawberries or Raspberries
- Carrot Cake w/ Cream Cheese Frosting

8 Inch	\$40.00
10 Inch	\$50.00
12 Inch	\$60.00
1/4 Double Sheet	\$60.00
1/2 Double Sheet	\$95.00

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WHOLE DESSERT

Pies (9") Serves 6-8

Apple Pie	\$20.00
Peach Pie (Seasonal)	\$25.00
Mixed Berry Pie	\$25.00
Pumpkin Pie	\$15.00
Custard Pie	\$15.00
Key Lime Pie	\$20.00
Banana Cream Pie	\$22.00
Chocolate Mousse Pie	\$25.00
Pecan Pie	\$25.00

Tarts (11") Serves 8-12

Lemon Tart	\$25.00
Apple Walnut Tart	\$30.00
Fresh Fruit Tart (Whipped Cream, Custard, or Lemon Curd)	\$40.00
Chocolate Pecan Tart	\$30.00
Black Bottom Banana Cream Tart	\$35.00

Cheesecakes

Plain	\$40.00
Fruit Topped	\$45.00
Chocolate	\$45.00
Espresso	\$45.00
Pumpkin	\$45.00

Flourless Chocolate Cake (Single Layer w/out Frosting)

8 Inch	(Serves 8-10)	\$20.00
10 Inch	(Serves 8-12)	\$25.00
12 Inch	(Serves 20)	\$30.00

Miscellaneous Cakes

Angel Food Cake (serves 8-10)	\$20.00
Three Berry Cake (Serves 8-10)	\$25.00

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INDIVIDUAL DESSERTS

(Served at Room Temperature)

Minis

Cookies	\$0.90
Bars	\$1.25
Fruit Tarts & Eclairs (served cold)	\$1.50
Half Size Cupcakes	\$2.00
Mini Flourless Cupcakes	\$2.00

Cookies (5")

\$1.75

Chocolate Chip w/ Walnuts
Chocolate Chip (no nuts)
Oatmeal and Raisin
Snickerdoodle
Chocolate w/ Chocolate Chips & Pecans
Peanut Butter w/ Chocolate Chips

Misc. Dessert

Chocolate Walnut Bars	\$1.50
Macaroons	\$1.75
Devil Dogs	\$2.50
Pumpkin Date Loaf	\$2.50
Meringue	\$2.50
Three Berry Cake	\$3.50
White Chocolate Macadamia Tart	\$3.50
Chocolate Pecan Tart	\$3.50
Cranberry Pecan Upside-Down Cake	\$3.50
Caramelized Banana Pastry	\$3.00
Flourless Cupcake	\$3.50
Frosted Cupcake	\$3.50
Chocolate Cake	\$4.50
Coconut Cake	\$4.50
Apple or Berry Pie	\$4.50
Cobbler	\$4.00

Bars

Brownies	\$2.25
Lemon Bars	\$2.25
Pecan Coconut Squares	\$2.50
Cheescakes Squares	\$2.50 w/fruit \$3.00
	(served cold)

Breakfast Pastries

Cinnamon Twists	\$1.50
Bear Claws	\$2.50
Muffins & Scones	\$2.50
Apple Purses	\$3.50
Morning Fruit Pastry	\$4.50

INDIVIDUAL DESSERTS

(Served Cold)

Pumpkin cream Cheese Bar	\$3.00	Carrot Cake Cupcake	\$4.00
Crème Brulee	\$3.50	Chocolate Pot de Creme	\$3.50
Éclair	\$4.00	Black Bottom Banana Tart	\$5.00
Strawberry Sponge Cake	\$4.00	Chocolate Hazelnut Hearts	\$5.00
Tiramisu	\$4.50	Fruit Tart	\$5.00
Chocolate Raspberry Tart	\$4.50	Fruit Trifle	\$5.00
Mousse Truffle	\$5.00		

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